



**Donnington Wood Infant School
& Nursery**

Sex and Relationships Education Policy

Agreed: June 2017

Donnington Wood Infant School & Nursery is committed to the teaching of Sex and Relationships Education.

Sex and relationships education will:

- be developmental and be appropriate to the age and stage of the child;
- put forward factual knowledge and encourage the exploration of facts;
- examine opinions and concepts and encourage discussion;
- encourage awareness, respect and responsibility for oneself and others.

Sex and Relationships Education will be taught as part of our Personal, Social and Health Education (PSHE) curriculum. We use 'Jigsaw' to support our delivery of PSHE but staff may use additional materials such as the 'Expect Respect' materials from Women's Aid. If parents have any questions or concerns about sex and relationships education they are encouraged to talk in the first place to their child's class teacher.

Foundation Stage

- Feelings - what makes me happy / sad / excited etc
- Knowing about my family and people in my life
- Talking about similarities and differences between boys and girls

Key Stage One

- Recognising and managing my feelings and moods
- Friendships and how to get along with each other
- Different types of families.
- Feelings in the family - love, jealousy.
- Loss and mourning - a person, a pet.
- Keeping safe - dangers I might come up against and saying no.
- Caring for myself - hygiene, sleep, exercise.
- People who help me to care for myself.
- The beginning of life - me, animals and plants.
- Growth in people, animals and plants.
- Changes as we grow. Ageing - how we know things are alive, dead, young or old.
- My body and other people's bodies - similarities and differences.
- Naming body parts