



EYFS - Grid 3

5 activities a day

Ideas for things to do at home with your child.

Choose 5 activities you would like to do at home with your child each day.

Go on a shape hunt. How many different shapes can you find?	Cut vegetables in half and do some printing (stamping with paint).	Practice doing the buttons up on a shirt. Can you do the top button while the shirt is on?	Time yourself to see how quickly you can get dressed by yourself (include socks) Can you beat your time?	Cut out some out some shapes and make a shape picture.
How many times can you run around your garden in a minute? Can you beat your time?	Go on a bug hunt. Draw a picture of what you found. Can you write some facts about it?	Make a healthy lunch. Can you spread the butter by yourself?	Find something hard. Find something soft. Find something fluffy.	Help your parents to tidy your room.
Have a teddy's bear picnic.	Draw a picture of your family.	Pick a number and count out the correct number of objects (6, find and count 6 rocks/daisy's)	Write a letter to a friend.	Draw a picture of a flower and label the parts.
Have a grown up read you a story. Act out your favourite part.	Play a board game with your family.	Draw a picture and cut it into shapes. See if someone can put it back together (a puzzle).	Make a rocket out of recycled materials. Count back from 20 to make it launch.	Sort all the shoes. How many pairs do you have? Can you count in 2s?
Have a grown up give you a number. Make one less using your teddies.	Draw a circle, colour half of it in.	Help fold the laundry. Sort clothes into who they belong to. Can you put yours away neatly?	Make a repeating pattern. How many different colours/shapes can you use?	Make up a new character to your favourite story. Draw them and write a description.



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