



EYFS - grid 5

5 activities a day

Ideas for things to do at home
with your child.

*Choose 5 activities you would like
to do at home with your child each
day.*

Find an old sock (or glove) and make a sock puppet.	Tell or write a story about your sock puppet. Where has it come from? Is it alive? What is its name?	Find an object that starts with every letter in your name.	Find 10 things that float. Can you find out why?	Read a book whilst under something. A tree, a table, a bed...
Make a kite and see if it fly's.	Make a hopscotch with numbers from 1-10 and play.	Using 2 sets of number cards 1-20, play match.	Design a T-shirt.	Learn to sew a button onto something.
Imagine you are meeting someone for the first time. What questions would you ask them?	Add music to a poem or story you have read. Use household items as instruments.	. Go on a bear hunt. Ask someone else to hide a teddy somewhere. Can you find it?	Help do the laundry. Write some dos and don'ts for doing the laundry.	Draw a map of how you get to school. What do you pass on the way? Add it to your map.
What is happening outside your window? Draw what you see.	Go on a penny hike (walk). At every junction flip a coin. Heads you go left, tails you go right. Where will you end up?	Blow some bubbles. Either in the garden or out of a window. If you don't have any bubble mixture use washing up liquid and your hands. Who can blow the biggest bubble?	Cut up some cards, write some sounds and have a family member hid them around the house. Go on a sound hunt.	Imagine you are off to a deserted island. What would you pack? Draw your suitcase and its contents. Label it. Challenge: write a description about what you have packed and why.
Video chat a friend or family member.	Stay up late and look at the stars.	Make bunting out of paper or old plastic bags. Decorate your garden or house with it.	How many different things can you see in the sky? Draw pictures or make a list.	It's VE day. Friday 8 th May Have a day off. ☺ Or find out what it's all about!