

5 activities a day

Ideas for things to do at home with your child.

Choose 5 activities you would like to do at home with your child each day.

Key Stage	One -	grid 4	

Find an old sock (or glove) and make a sock puppet.	Write a story about your sock puppet. Where has it come from? Is it alive? What is its name?	Find an object that starts with every letter in your name.	Find 10 things that float. Can you find out why?	Read a book whilst under something. A tree, a table, a bed
Make a kite and see if it fly's.	Help make lunch.	Play a game.	Design a T-shirt.	Learn to sew a button onto something.
Imagine you are meeting someone for the first time. Write 10 questions you would ask them to get to know them better.	Add music to a poem or story you have read. Use household items as instruments.	. Go on a bear hunt. Ask someone else to hide a teddy somewhere. Can you find it?	Help do the laundry. Write some dos and don'ts for doing the laundry.	Draw a map of how you get to school. What do you pass on the way? Add it to your map.
What is happening outside your window? Use your imagination to turn an everyday activity someone is doing into an exciting story. Is your neighbour just putting their bin out or are they really a spy?	Go on a penny hike (walk). At every junction flip a coin. Heads you go left, tails you go right. Where will you end up?	Blow some bubbles. Either in the garden or out of a window. If you don't have any bubble mixture use washing up liquid and your hands. Who can blow the biggest bubble?	Make your own wordsearch. What theme will you have? You could use the key words from the middle of your reading journal.	Imagine you are off to a deserted island. What would you pack? Draw your suitcase and it's contents. Label it. Challenge: write a description about what you have packed and why.
Video chat a friend or family member.	Stay up late and look at the stars.	Make bunting out of paper or old plastic bags. Decorate your garden or house with it.	How many different things can you see in the sky? Make a list.	It's VE day. Friday 8 th May Have a day off. ⊕ Or find out what it's all about!