



EYFS - Oliver's Vegetables

5 activities a day

Ideas for things to do at home with your child.

Choose 5 activities you would like to do at home with your child each day.

<p><u>Phonics activity</u> Look through your books and magazines how many words can you find with the o sound? Can you think of anymore?</p>	<p>Read Oliver's Vegetables (All this week's activities are loosely based around it) https://www.youtube.com/watch?v=2yvllKgyVUc</p>	<p>Practise cutting vegetables and fruit in half. Use the vegetables to make dinner or the fruit to make a fruit salad.</p>	<p>Look at the seeds inside some fruit and vegetables that you have at home. Try planting some of the seeds in soil or a carrot top. Remember to water it. Watch it for a few weeks. What happens?</p>	<p>Go on a walk around your local area (or your garden). How many different plants can you find growing? Do you think you could eat any of them?</p>
<p><u>Phonics activity</u> Make some words cards for the ar sound <i>garden, card, lard, park, mark, cardigan, sharp, charm, party</i> Bury them in some soil or put them in a bag. Dig them up or pick them out one at a time and read them.</p>	<p>Write or draw a food diary for Oliver to remind him what he ate each day. (practice sounding out and writing the sounds you hear) Or write/draw a list of your own food diary</p>	<p>Practise sharing the peas in half. Get an even number of peas (small pieces of screwed up paper or real peas if you are allowed). Find out how many half would be by splitting them between 2 plates or bowls. Can you do this with any other vegetables? What happens if you have 5 or 9? Do this over 2 days.</p>	<p>Design a seed packet. All seeds come in packets at the garden centre. Can you design a seed packet for a vegetable seed? Turn your design into a seed packet. Write or draw the instructions on how to plant it on the back.</p>	<p>Use some fruit and vegetable to make a picture or piece of art. Be creative.</p>
<p><u>Phonics activity</u> Make some word cards for words with the diagraph ai. Make 2 for each word and then play a matching or memory game. <i>Tail, pain, rain, main, paint, nail, pail,</i></p>	<p>Draw a picture of Oliver (or yourself) What does he look like? Write some words to describe him. (short hair, big eyes). Can you write a sentence to describe him?</p>	<p>Set up a vegetable shop. You can use pictures of vegetables. Price the vegetables 2p, 4p, 6p, 8p, 10p, 12p, 14p, 16p, 18p, 20p</p>	<p>With adult support make vegetable soup. Write your instructions so someone else could make it.</p>	<p>Create a healthy meal with the help of a grown up. Can you make it? Can you make a menu to show your family what they will be having?</p>
<p><u>Phonics activity</u> Make some cards with ow words on <i>Grow, show, know, sow, low, slow, mow, throw, tomorrow, grown</i> Hid them around your house. How quickly can you find and read them all?</p>	<p>Write a letter to Oliver to tell him what you have eaten this week for lunch or dinner. Have you had any vegetables? Would you like to try any of the foods he had at Grandpas?</p>		<p>Research a fruit or vegetable that only grows in another country. Draw pictures and write a fact about it.</p>	<p>Try some vegetables or fruits that you haven't tried before.</p>



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<p>Phonics activity Look through your books and magazine how many words can you find with the ay sound? Can you think of anymore?</p>	<p>Write a book review of Oliver's Vegetables (or another book if you haven't read it). Include your favourite part. Where is it set? Describe it. Who are the characters? What happens in the beginning, middle and end?</p>	<p>Practise buying some vegetables using coins. All the vegetables are half price today. How much do they cost? Make new signs. (Use 1p coins to help you.) Do this over two days</p>	<p>If you had a magic seed that could grow anything you wanted, what would it grow? Write about and draw a picture of how and where it would grow? Is it like a root vegetable growing underground or does it grow tall like a tree?</p>	<p>What is your favourite vegetable? Make a recipe book of some things you can make with your favourite vegetable.</p>
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