

4 activities a day

Ideas for things to do at home with your child.

Choose 4 activities you would like to do at home with your child each day.

Nursery - The Rainbow Fish

Read The Rainbow Fish	Rainbow fish shared his scales with	Sing '1,2,3,45 once I caught a fish	Can you think of 5 animals that	Find an old or blank CD and turn
(All this week's activities are loosely	his friends. Find some coins and see if	alive' with your family.	live in the ocean?	it into the Rainbow Fish by
based around it)	you can share them out between you			decorating it with craft bits, fins,
https://www.youtube.com/watch?v=I-	and an adult. How many did you each			a tail and eyes.
<u>EOvkGgM8k</u>	get?			
Chocolate can be rainbow colours		Use some coloured paper and have a	Watch Andy's wild workouts-	Gather some of your bath toys
like the rainbow fish. Grab some	Make some masks for the story and act	go at weaving your own rainbow fish.	Under the sea on Iplayer and	and play with them in a large
smarties, M&Ms or skittles. Sort out	it out with your family.		join in with the workout. What	bowl of warm, soapy water.
the different colours and say which			animals can you move like?	
colour has the most or least.				
Invent another "rainbow" animal	Rainbow fish had shiny scales. How			
such as a rainbow bird or a rainbow	many shiny objects can you find in			Solve this maths challenge.
butterfly. Draw a picture of your	your house? Can you find out why they			The Rainbow fish had 4 blue scales.
rainbow animal.	are shiny?		He gave 1	away. How many does he have left?
What happens to the animal? Can	are starty.			You can use objects to help you.
you tell a grown up a story?				3 1 3
god tell a grown ap a storg:		CRAFTYMORNING.COM.	A Section of the sect	
Create a shoebox under the ocean	Can you make a fish picture using 2D	What was your favourite part of the	Can you draw an octopus? How	This story is about friendship.
scene. Make your own sea creatures	shapes? Can you tell a family member	story?	many tentacles does it have?	Talk about how you can be a
and use string to dangle them down	which shapes you used?	Draw a picture and talk about what	-	good friend.
into your underwater scene.		you have drawn.		
		3		
	Practise counting to 10. Can you count	Look closely at the pictures in the	Google Cosmic kids-under the	Create a rainbow fish collage.
Can you tell a member of your family	slowly and then faster each time?	story and think about what the	sea. Join in with the under the	This template might help you get
all of colours that you can see on the		characters were thinking and feeling	sea themed yoga session.	the shape of the fish or you could
rainbow fish?		in that picture.		do your own.
		'		https://www.twinkl.co.uk/resource
				/t-t-21907-the-rainbow-fish-
				collage-resource-pack
				zonage resource pack