



Developing Independence Skills

Reception - Spring

Each term, in addition to curriculum learning, we are focusing on some key skills in school to help children become increasingly independent. Below you will find the skills for this term for your child. Some children are already at amazingly independent, but if you child is finding something tricky then it would be great if you could help them practice at home.

A set of cutlery including a fork, a knife, and a spoon, arranged around a central plate.

I can carry my own tray and clear it (with support).
Rec Spr

A set of cutlery including a fork, a knife, and a spoon, arranged around a central plate.

I can 'stab' food with a fork.
I can cut with a knife by sawing.
Rec Spr

A set of cutlery including a fork, a knife, and a spoon, arranged around a central plate.

I know the order to eat food at dinner time.
Rec Spr

A simple orange t-shirt with a grey collar and cuffs.

I can pull up a zip. I can do poppers and press studs.
Rec Spr

A simple orange hand with fingers spread.

I can tell an adult when I need the toilet.
Rec Spr